



of 3 House of Three

By Jennifer Webb

DR. BRENDA FRISBIE knew she was stretching herself thin. Her mom, Jane, needed long-term memory care, and Brenda was trying to manage as best she could with her family to provide it. But she was having a hard time keeping up with her practice and Jane's needs.

Jane was shy by nature, and Brenda feared that she would not do well in a traditional nursing home. The very idea of living with so many other people terrified Jane. Around-the-clock, in-home care was outrageously expensive. There had to be another option!

Dr. Brenda and her husband Mark started researching options for her mother and met with Mr. Koy Butler, a former nursing home administrator, who started a concept in Little Rock called "House of Three." Mr. Butler allows the Frisbies to use his name and website, Houseofthree.net.

Each house is a real home, typically located in an established neighborhood, and is home to three residents who receive professional, round-the-clock care in a home environment. They left the meeting encouraged and decided, "We can do this in Searcy!"

They started looking for homes with very specific requirements. They needed to have a certain layout and be completely mobility-accessible to accommodate wheelchairs and residents with disabilities. They needed at least two bathrooms and four bedrooms—three individual rooms for the clients and one for the caregiver. They believe divine intervention occurred to find such a perfect-fit house so quickly.



The first one came up as a for-sale-by-owner in a nice neighborhood on the west side of Searcy. They jumped and bought it immediately. There was some remodeling to be done. With Nickie Spiker and Kelly Hinkle, both of whom had years of experience caring for elderly patients in their homes, including Brenda's mom, Jane, they were confident that they could pull it off with their help.

Jane moved into the very first House of Three in Searcy, nestled on the edge of town in the back of a picturesque neighborhood. Out

the back door were cows, deer, and wild turkeys, which reminded Jane of her rural upbringing. Bird feeders hung around the yard, planter pots abounded with herbs and flowers, and comfy chairs with a large sunbrella for shade beckoned from the back deck. Jane had come home.

"There are cows in the morning, turkeys in the evenings, and deer in between!"

- Mrs. Dee, House of Three resident



Two other beloved residents quickly filled the bedrooms, and Kelly, Nickie, Megan, Sharon, and the other caregivers worked out their schedules to provide professional around-the-clock care.

Dr. Brenda and Mark quickly noticed that the caregivers were doing much more than simple healthcare tasks. They came to know the residents deeply, what their likes

and dislikes were, their favorite foods to eat, the names of their children and grandchildren, favorite Bible verses, and listened with delight to all their stories.

In fact, the staff at House of Three Searcy are more than caretakers; they are companions. If someone wants pineapple upside-down cake at 9 pm, Kelly puts in a Walmart order and starts making one. If residents want to sleep in, they sleep in.

With each request, the caregivers ask themselves, "If they were home, what would it be like? Would someone tell them when they had to get up, when they had to go to bed, or when they could and couldn't eat dessert?" "Would someone tell them when their kids can come by and visit them?" They approach everything from the standpoint that this is their home, and they try to give the best quality of life possible.

▶ *Continued on next page*

When the residents decide it's time to turn in, the staff regularly get hugs and are told "I love you" along with their "goodnights."

**"They give very good service. Take it from one that takes advantage of it!
(laugh)"**

- Mrs. Dee, House of Three resident

Families can visit whenever they want. A favorite chair and pictures can be integrated into a resident's bedroom. If a resident wants to stay up until midnight watching movies, one of the caretakers is also up 'til midnight watching movies. If a resident does not want breakfast one morning and wants to fix a bowl of cereal instead, the resident is free to do so. House of Three is home!

Residents, visiting family members, and caregivers celebrate holidays together throughout the year. The house is always alight with decorations and traditions for every season and occasion—this Christmas, for example, found one of the residents excitedly helping the staff wrap presents and decorate the tree.

House of Three is quick to point out that they do not view themselves as competition for Searcy's nursing homes, rehabs, and assisted living communities; they are simply another option for older adults who need full-time, individual care or memory care. Over the years, they have been blessed to add more homes to meet the needs of more residents.

The staff, though they are professionals, are dressed in House of Three t-shirts or sweatshirts and comfortable shoes, not scrubs. This reminds the residents, it is their home not a facility. Caregivers can occasionally bring their kids or grandkids with them to work to interact with the residents when appropriate. One of Megan's kids has dubbed the House of Three as "The Grandma House" or "The Grandma and Grandpa House."

The kids love coming to the house and will enthusiastically chatter with the residents. The residents delight in the company of the kids and are eager to listen to all their stories, interests, and what they've been up to. They play cards with the kids, as well as board games, and put together puzzles. The kids thrive with the one-on-one attention, as do the residents.

Even residents who are bed-bound still enjoy the best quality of life possible. One resident greatly enjoys specialty hot tea, and they keep a variety on hand with her



researched recipes. Others enjoy hot chocolate, coffee, or the latte machine. Another resident delights in penny stock trading to keep her mind active and busy. Different likes but one united home!

“They truly are like our grandparents. We share our life with them.”

- Megan, House of Three care provider

Mark and Dr. Brenda Frisbie view House of Three as their mission and do not take salaries, instead investing the money back into the houses, taking care of the residents, and quality staff. Mark fixes things and conducts tours. Dr. Brenda Frisbie administers routine tests and can expedite care for her patients who reside at the House of Three Searcy. Everything regarding the patients is routinely charted so the staff can identify patterns, often catching things, like UTIs, or even just a cough, early before they cause complications.

House of Three works with long-term insurance to facilitate policy coverage, required paperwork, and verifications. The insurance companies don't pay House of Three directly but reimburse the policyholders. Hospice, home health, and therapies may be provided by the patient's preferred health provider, and the caregivers help organize this.

“We live our best lives together at House of Three.”

- Dr. Brenda Frisbie, House of Three, Owner and Physician

If you are interested in scheduling a tour to look at House of Three for your loved one who needs long-term care or memory care, send an email to Mark Frisbie at markandbrenda@houseofthree.net or call Mark at 940-240-1042. You can also call the house managers: Kelly at 501-940-1835 or Nickie at 501-827-9411. House of Three rooms don't stay open very long. If you have toured, or want a tour, there is no obligation and no pressure to commit. If you feel any pressure, then you may not be at Dr. Frisbie's House of Three. 🍷



“ . . . The staff at House of Three Searcy are more than caretakers; they are companions . . . They approach everything from the standpoint that this is their home, and they try to give the best quality of life possible.”





“Each house is a real home, typically located in an established neighborhood, and is home to three residents who receive professional, round-the-clock care in a home environment.”



We receive five-star recommendations from our guests.

of 3 House of Three

SEARCY

Since 2012, House of Three homes offer personalized senior living solutions for families seeking alternatives to traditional nursing homes, assisted living, and home-based care in Arkansas. Nestled in charming Searcy neighborhoods, our homes boast private bedrooms and a 3:1 resident-to-caregiver ratio, ensuring prompt responses and fostering strong relationships. Residents receive home-cooked meals, attentive daily living assistance, and pampering care, with optional home health and hospice services. House of Three is a special place where your loved one can continue to live with the care they need.



Pictured: Dr. Brenda and Mark Frisbie

**Call House of Three and ask for me!
Mark or Dr. Brenda Frisbie 940.240.1042**